

DAILY CHECKLIST ✓

For: _____

✓ MORNING

- Make Bed
- Get Dressed
- Eat Breakfast
- Brush Teeth
- Brush Hair
- _____
- _____
- _____

✓ AFTER SCHOOL

- Eat Healthy Snack
- Put Backpack Away
- Do Chores
- Playtime
- Do Homework
- _____
- _____
- _____

✓ BEDTIME

- Put Toys Away
- Take Shower
- Put on Pajamas
- Brush Teeth
- Read for ___ minutes
- _____
- _____

✓ CHORES

- _____
- _____
- _____
- _____
- _____
- _____
- _____