

# Grocery List

## VEGETABLES

- Avocado
- Broccoli
- Carrots
- Cauliflower
- Celery
- Cucumber
- Garlic
- Lettuce
- Mushrooms
- Onions
- Peppers
- Potatoes
- Spinach
- Tomatoes
- \_\_\_\_\_
- \_\_\_\_\_

## DAIRY

- Butter
- Cheese
- Eggs
- Milk
- Sour Cream
- Yogurt
- \_\_\_\_\_
- \_\_\_\_\_

## SNACKS

- Candy
- Chocolate
- Chips
- Cookies
- Crackers
- Nuts/Seeds
- \_\_\_\_\_
- \_\_\_\_\_

## GRAINS

- Bagels
- Bread
- Buns
- Cereal
- Grits
- Mac & Cheese
- Oatmeal
- Pasta
- Rice
- Spaghetti
- Tortillas
- \_\_\_\_\_
- \_\_\_\_\_

## MEATS

- Bacon
- Beef
- Chicken
- Fish
- Hot dogs
- Lunch meat
- Pork
- Sausage
- Tuna
- Turkey
- \_\_\_\_\_

## CONDIMENTS

- Catsup
- Mayonnaise
- Mustard
- Oil
- Salad dressing
- Spices
- \_\_\_\_\_
- \_\_\_\_\_

## FRUITS

- Apples
- Bananas
- Grapes
- Oranges
- Pears
- \_\_\_\_\_
- \_\_\_\_\_

## DRINKS

- Coffee
- Juice
- Soda
- Tea
- Water
- \_\_\_\_\_

## FROZEN

- Ice cream
- TV dinners
- \_\_\_\_\_

## BAKING

- Flour
- Sugar
- \_\_\_\_\_
- \_\_\_\_\_

## CANNED GOODS

- Soup
- Tomato sauce
- Spaghetti sauce
- Canned tuna
- \_\_\_\_\_
- \_\_\_\_\_

## PERSONAL CARE

- Dental floss
- Deodorant
- Razor blades
- Shampoo
- Soap
- Tooth paste
- \_\_\_\_\_
- \_\_\_\_\_

## PAPER & WRAP

- Aluminum foil
- Paper towels
- Tissues
- Toilet paper
- Zip bags
- \_\_\_\_\_
- \_\_\_\_\_

## HOUSEHOLD

- Air freshener
- Batteries
- Detergent
- Dish soap
- Sponges
- Trash bags
- \_\_\_\_\_
- \_\_\_\_\_

## OTHER ITEMS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_